

# Yoga Schedule - March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 1:30pm - 2:45pm In-Person & WebEx	3	4
5	6	7 NO CLASS	8	9 1:30pm - 2:45pm In-Person & WebEx	10	11
12	13	14 5:30pm - 6:45pm In-Person & WebEx	15	16 1:30pm - 2:45pm In-Person & WebEx	17	18
19	20	21 5:30pm - 6:45pm In-Person & WebEx	22	23 1:30pm - 2:45pm In-Person & WebEx	24	25
26	27	28 NO CLASS	29	30 NO CLASS		



**Clearwater Valley**  
Health

In-Person Sessions take place in the Classroom at Clearwater Valley Health | Orofino Clinic - 1055 Riverside Ave. Orofino, ID 83544