

Medical Nutrition Therapy (MNT)



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Clinton Cullins, Registered Dietitian Nutritionist, is an expert in translating the science of nutrition into practical solutions for healthy living!

What to Expect

- A Personalized Nutrition Assessment that considers your medical history, eating patterns, blood tests, medications, vitamin/mineral/herbal supplements, and health goals
- Customized nutrition treatment plan that achieves YOUR health goals and allows room for YOUR food preferences
- On-going nutrition education/counseling

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Medical Nutrition Therapy can be helpful with:

- Pre-diabetes
- Diabetes
- Weight Management
- Heart Disease
- Gastrointestinal Disorders
- Food Allergies
- Liver or Kidney Disease
- High Blood Pressure

St. Mary's Health and Clearwater Valley Health believe medical nutrition therapy to be an important tool in achieving your health goals. We have significantly reduced the cost for treatment and can bill some insurances for services.

We recommend contacting your insurance company, as insurance coverage varies.



St. Mary's Health



Clearwater Valley
Health