

# Behavioral Health Consultants



## Behavioral Health Consultants

**Erin Massey, LCSW, BHC**

**Michelle Sheffer, LCSW, BHC**

**Yadi Hernandez, LMSW, BHC**

### **Supporting Your Mental & Emotional Well-Being**

Our Behavioral Health Consultants provide short-term therapeutic and counseling services for adults and children. Care is based on comprehensive assessments and individualized treatment plans.

# Behavioral Health Consultants

Behavioral Health at St. Mary's Health and Clearwater Valley Health is part of a team-based care model. Your Behavioral Health Consultant works directly with your Primary Care Provider to:

- Assess mental and emotional health needs
- Develop self-care strategies
- Support medication management

## Take the Next Step

Ask your Primary Care Provider for a referral to Behavioral Health Services today.  
Questions? Visit our website at [smh-cvh.org](http://smh-cvh.org).



St. Mary's Health



Clearwater Valley  
Health